

8 new skin drinks

1. Sunscreen

Glycerin and hyaluronic acid plus SPF 50 plump and protect skin simultaneously.

Neutrogena Hydro Boost Water Gel Lotion SPF 50, \$12.50, at drugstores



2. Eye Patches

The undereye area has fewer oil glands than other parts of the face. Increase your moisture supply with these algae-filled patches.

Freeman Beauty Infusion Firming Hydrogel Eye Mask, \$5, at Harmon stores



3. Toner

Pat this on—it's suffused with jasmine water and prebiotics—to rehydrate and rebalance your skin post-cleanser.

Dior Hydra Life Balancing Hydration 2-in-1 Sorbet Water, \$42, dior.com

4. Mist

Part oil, part water, this bi-phase spritzer can be thought of as a spray-on moisturizer. Use it anytime, anywhere for a quick hit of hydration.

Omorovicza Magic Moisture Mist, \$95, omorovicza.com



5. Moisturizer

Lightweight enough for oily types, but still ultra-hydrating, this aloe vera and hyaluronic acid blend was found to keep skin dewy for up to 72 hours.

L'Oréal Paris Hydra Genius Daily Liquid Care Normal/Oily Skin, \$18, at drugstores



6. Micellar Water

Foaming washes can strip you of moisture. This lather-free version gently cleanses while imbuing skin with glacial water.

Skyn Iceland Micellar Cleansing Water, \$25, ulta.com



7. Mask

Skin loses moisture when you sleep. Preempt a.m. dryness by slathering on this HA-rich mask before bed.

MyChelle Ultra Hyaluronic Water Mask, \$16, mychelle.com



8. Body Gel

A muggy-weather must: this fast-absorbing and cooling gel that deeply hydrates without ever feeling sticky.

H2O+ Beauty Oasis Body Gel Moisturizer, \$22, h2oplus.com

